

Pro-ChoiceResources
2007 Annual Report

40 years of access & education

advocacy,
access,
education &
empowerment



Dear Friends,

Pro-Choice Resources celebrated its 40th anniversary in 2007, solidifying its historic place as the only organization in the nation offering such a unique combination of programs and services focused on promoting reproductive justice. In this year's annual report, you will see how your generous support has made a genuine difference in the lives of women, men and the youth we serve each day.

Within this report are graphs and statistics, visual representations of the people you've touched through your ongoing support of our work. Behind each figure is the face of a person who likely had nowhere else to turn; because of your support she was able to access essential reproductive health care information and services. The work we do together allows women and young people the opportunity to exercise choice over their lives and their futures. Your support helps to assure that the human rights we enjoy today will still be around to be enjoyed tomorrow.

We are very proud of the work we have accomplished in our 40th year. Some of the highlights include: launching our first Peer Education program - P6; providing every junior high and high school health teacher in the state a free copy of our education curriculum; running the only pro-choice after-abortion support group in the country; and helping three physicians become new abortion providers in Minnesota.

In our 41st year, we have enormous opportunities and exciting plans in place to make Pro-Choice Resources as good as it has ever been and even better. We will grow the number of youth who become peer educators in their communities, increase the money we give away to low-income women and girls through the Hersey Fund, support medical providers in their efforts to expand reproductive healthcare services, and lead the nation in providing after-abortion care.

We are humbled by your commitment to Pro-Choice Resources and look forward to another 40 years of partnering with you in service to our communities. On behalf of all the people we serve, thank you for your continuing dedication and support.

The Board & Staff of Pro-Choice Resources

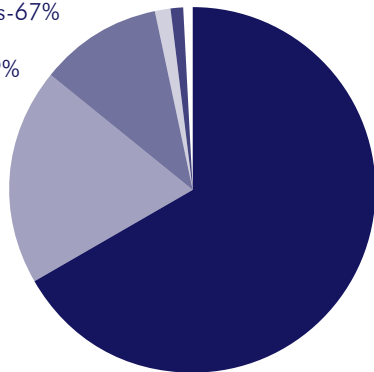
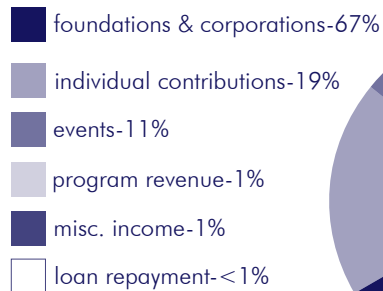
PCR Mission

Pro-Choice Resources' mission is to aid women in realizing their right to make decisions about their bodies by breaking down the barriers to reproductive health that keep women from fully expressing their personal freedom.

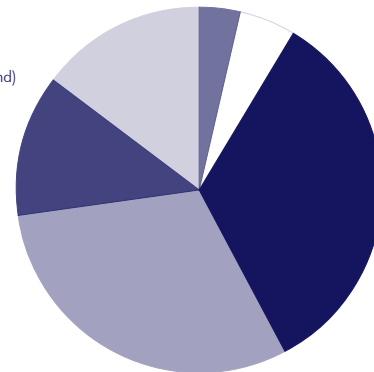
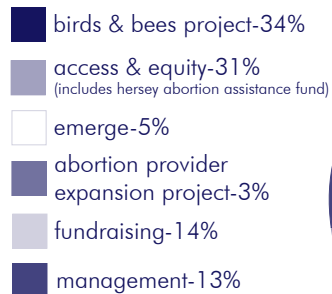
financial report fiscal year 2006-2007

Graphs are based on audited financial statements that are available upon request. As you can see, individual supporters are critical to PCR's continuing success. Over \$145,000 of our income comes from contributions from people like you. All donations to PCR are tax-deductible. For more information on how your support can help further expand reproductive health access and education, please call us at 612-825-2000 or e-mail us at pcr@birdsandbees.org.

Income - \$606,637



Expenses - \$598,984



Our Vision Pro-Choice Resources' vision is of a society that is just, that values personal freedom, and one in which women are able to realize their full potential.

“This information should be presented to everyone. A lot of people don’t know who to ask.”

-Lisa, 16 year old Birds & Bees Project participant



The Birds & Bees Project

Over the past 28 years, The Birds & Bees Project has developed an innovative, respected, and effective curriculum to educate youth and adults about contraception, sexually transmitted infections (STIs) and HIV, as well as abortion, parenting and adoption.

This past year, we launched our new peer education program in the Powderhorn Park neighborhood of Minneapolis: the Powderhorn Park Peer Pregnancy Prevention Program (P6). Throughout the summer, the group of neighborhood youth met with Birds & Bees educators and community leaders, gaining the information, tools, and communication skills to train and educate their peers about sexuality, reproductive health, postponing sexual involvement, condom usage and negotiation, safer choices and STI/HIV prevention. The peer education model builds on the lessons learned by participants and helps guide them to speak openly with their peers about sensitive issues. Over the course of the summer, P6 graduates participated in a series of 26 three-hour instructional sessions and engaged over 100 neighborhood teens, educating fellow youth on issues of sex and sexuality.

From July 1, 2006 through June 30, 2007

- The Birds & Bees Project developed a 187-page Educator’s Guide to Reproductive Health and distributed it free-of-charge to over 1500 health educators statewide. The Guide is also downloadable for free on our education website.
- We completely redesigned and updated our educational website, www.birdsandbees.org, adding sections for parents and educators, as well as youth. Since the redesign, web users have visited the site more than 1 million times, a 300% increase over the previous year.
- Project educators reached over 8,000 youth through 287 educational presentations.

Retrospective 1967-2007

1967 Abortion Counseling Services (ACS) is founded by Bob McCoy out of his home. ACS assisted women with referrals, counseling and information. They also helped women secure legal abortions in other states or countries.

1971 ACS Incorporated.

Hersey Abortion Assistance Fund

The Hersey Abortion Assistance Fund (HAAF) aims to provide equal access to abortion for all women, regardless of race, age, economic circumstances, religious background, sexual identity, ability or pregnancy circumstances. HAAF is one of the oldest and largest assistance funds in the United States, providing no-interest loans to women who are seeking abortion but cannot pay for the procedure. For girls under the age of 18, HAAF provides grants to help ease the financial burden on minors.

During fiscal year 2006-2007, over 63% of the women and girls who received assistance had their abortion procedures in the tri-state area (Minnesota, South Dakota, and North Dakota). While we try to help as many callers as possible, 7 out of 8 women who contacted us for funding were turned away due to lack of funds. HAAF is a founding member of the National Network of Abortion Funds who estimates that nationally over 200,000 women each year are in need of financial assistance to obtain an abortion.

From July 1, 2006 through June 30, 2007

- Over 6,000 women called the HAAF hotline in need of over 1.5 million dollars in assistance.
- We helped 599 women and girls in 39 states with \$103,127 in assistance.
- HAAF also provides individualized case management assistance to women and girls facing extreme obstacles to abortion care, such as imprisonment, high-risk pregnancies, and homelessness. Last year, we were able to raise the full amount of funds needed for nine women and three girls by collaborating with other abortion Funds throughout the U.S.

"I just want to say thank you. Without the Hersey fund I would not have had a choice."

-Jessica, 24 year old HAAF recipient



1972 Granted 501(c)(3) status by IRS.

1973 First Executive Director hired.

U.S. Supreme Court ruling, *Roe v. Wade*, legalized abortion.

“The shadowing program was really an eye-opener for me. It really demystified the whole abortion experience and showed me how simple everything about the procedure was.”

-Allison, APEP participant



Abortion Provider Expansion Project (APEP)

(a joint program with the NARAL Pro-Choice Minnesota Foundation)

The primary goal of APEP is to improve women's access to abortion care by expanding the pool of abortion providers in Minnesota. APEP also works to promote community-building among medical professionals supportive of reproductive choice, providing resources and services to medical students, nursing students, residents, physicians, and abortion clinic administrators throughout the Midwest region including Minneapolis, St. Paul, Rochester, Duluth, Fargo and Sioux Falls.

Through collaborations with community allies we have matched medical students, nursing students and medical residents with training opportunities that would otherwise be unavailable, offering a series of hands-on workshops in early surgical abortion techniques, facilitating observation experiences in a variety of clinical settings, and arranging presentations on legal, social, and medical aspects of reproductive health. By convening regular gatherings of current providers, APEP also serves as a catalyst for generating solutions to this healthcare dilemma.

From July 1, 2006 through June 30, 2007

- APEP participants make up over 10% of the nation's total medical students who participate in a summer-long intensive reproductive health rotation (whereas the state's medical students as a whole make up only 1.7% of the nation's total.)
- 27 medical and nursing students took part in APEP's shadowing program in which they observe an abortion provider for a day. 80% of participants report that the experience has directly influenced them to seek further training.
- As a result of APEP efforts, three new physicians became abortion providers in 2006.

1974 First edition of our Education Program Teacher's Guide is published.

Staffed first booth at the Minnesota State Fair.

1976 Moved offices to Betty Benjamin's home.

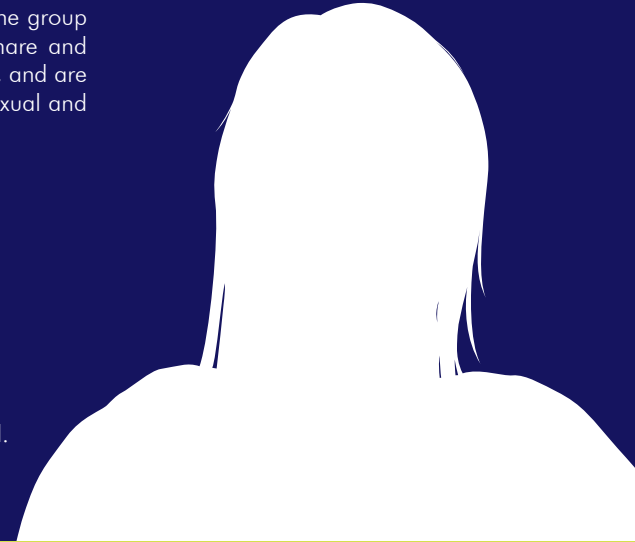
Emerge: Sharing Our Voices, Supporting Our Choices

Over the past year, PCR successfully launched the new after-abortion support group, *Emerge*, in collaboration with *Chrysalis*. *Emerge* is the first successful, secular after-abortion support group in the nation. This unique and innovative program provides women a safe, respectful place in which they can share their feelings about their pregnancy choices. Women who participate in the 6-week support group receive emotional support, resources, and information from trained facilitators and women who have had abortions.

In addition to providing support, *Emerge* helps to de-stigmatize abortion as a pregnancy choice. The group facilitators create an environment free from political debate where women are empowered to share and reflect on their personal experiences. Participants engage in activities that encourage self-awareness, and are provided with the information and resources necessary to take ownership of their past and future sexual and reproductive health decisions.

"This experience has helped me to realize I am not alone and that I can begin to heal. *Emerge* has truly changed my life!"

-Sara, *Emerge* participant



From July 1, 2006 through June 30, 2007

- We developed a six-week curriculum specific to after-abortion health.
- We held five six-week cycles of the program, serving 22 women.
- 100% of the participants felt that they are now better able to deal with their feelings regarding their abortion and that their overall emotional health improved. *Emerge* received the highest ratings of any support group held at *Chrysalis*.

1977 In response to the Hyde Amendment, which banned federal Medicaid funding of abortions, the Hersey Abortion Assistance Fund was established to provide direct financial assistance for abortions to women in need.

1979 Name changed to Abortion Education & Referral Service. Moved out of Betty Benjamin's home and into office space on Franklin Avenue.

As a 20-year old facing an unplanned pregnancy in 1969, I would have done just about anything to terminate that pregnancy. Luckily, I found Pro-Choice Resources, who provided me with counseling and a safe way to obtain an illegal abortion, still performed in a doctor's office. My decision was and always will be the right choice for me. Almost 40 years later, I carry that experience and passion with me.

- Kathryn L. Glessing, PCR supporter and volunteer for almost 40 years



Donor list for July 1, 2006-June 30, 2007

Pro-Choice Resources relies heavily upon the support of the pro-choice community. We are deeply grateful for the support of our many donors, and we extend our appreciation to the following Foundations, Corporations and individuals for their generous support. We apologize if we have inadvertently omitted anyone on this list. If you do not see your name listed correctly, please contact PCR.

\$20,000 and above

The Hersey Foundation
The Jay & Rose Phillips
Family Foundation
Northern Star Foundation
Otto Bremer Foundation
Public Welfare Foundation

\$10,000 - \$19,999

Anonymous
The Ettinger Foundation
Women's Foundation of
Minnesota
The Reproductive Health
Fund of the Women's
Foundation of
Minnesota

\$5,000 - \$9,999

Anonymous
ADC Foundation
Anna Burdick Lalor
Foundation
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Margaret H. & James E.
Kelley Foundation
Robin Kutil
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\$2,500 - \$4,999

E. Curtis Aanenson
Cathy Black
John & Janet Gendler
Art & Martha Kaemmer
Alida Messinger

National Network of
Abortion Funds
Elizabeth Wexler

\$1,000 - \$2,499

Janet Conn
Julianne Corty & Richard
Erickson Family Fund
of the Minneapolis
Foundation
Sally Ehlers & Ann Adams
Barbara L. Forster
Charlotte & Gene
Frampton
Carol & H.B. Hayden
Bruce Lilly
Jennifer Martin

Planned Parenthood of
Minnesota, North
Dakota, South Dakota
Red River Women's Clinic
Channing Riggs
Edna Sanders
Nancy & Art Schwalm
Timothy & Susan Stier
Still Ain't Satisfied
Foundation
Gayle Stroup
Wheelock Whitney
Paul & Barbara Woods

\$500-\$999

Sally Anson

1980 In-school education program began with a volunteer speakers bureau.

1985 Shared office space and Executive Director position with Abortion Rights Council, the local political arm of the pro-choice movement.

Changed name to Council on Abortion Rights Education.



Mary Ann & David
Barrows Wark
Wendy J. Brovold
Daniel Buetner
N. Jeanne Burns & Liz
Oppenheimer
Jennifer Buzzelle
Community Shares
John & Ida Davies
Wende Dewing
Joan Drury
Carolyn Gallagher
Samantha Gemberling
Marsha Gille & Roger
Raina
Rebecca Grazzini
Mildred Hanson
Alan & Judy Hoffman
David & Elizabeth Lee
Janet Leslie
Meadowbrook Women's
Clinic
Deb & William Mague
Jeffrey Paulson

Karen Peterson
Morton Phillips
Joan Pletcher Kaminski &
John Kaminski
Donna Randall
Ken & Nina Rothchild
Richard Schooley
Renee & William Schuyler
Janet Singer
Susan Stewart
Gail Stremel
Clara Ueland

\$250-\$499

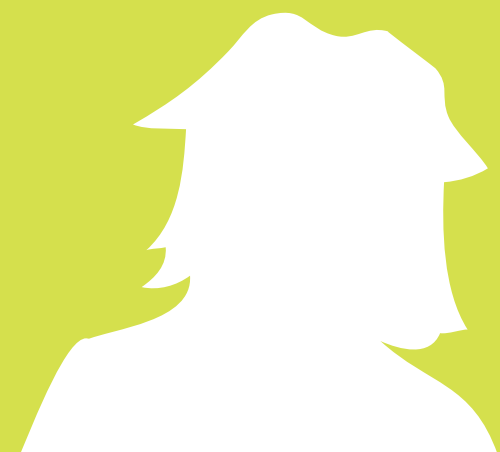
Atlanta Surgi-Center
Kristin Beckmann
Bob Benjamin
Peter Blewett
Desiree Borth-Ferrie
Sean D. Burns & Sara
Dietrich
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Karen & Paul Carnahan
Meghan Casey

Terri Chegwiddden
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Ralph Ebbott
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Kenneth Kauffman
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Jonathan Nelson
Lynne Ogawa
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Ann Possis & Clyde
Hanson
Ingrid Restemayer
Marisa Reyes
Karissa Richardson
Donna Rodel
Susan Sanger
Paula Schad

As the Executive Director of a clinic that provides abortion care in the Twin Cities, I know firsthand that many women in Minnesota who have experienced an unplanned pregnancy would not have been able to follow through with their choice without Pro-Choice Resources' Hersey Fund. Clinic staff hear the relief in their voices when we tell uninsured women about the Fund.

- Patricia Sandin, former PCR Board Member & Executive Director of Midwest Health Center for Women

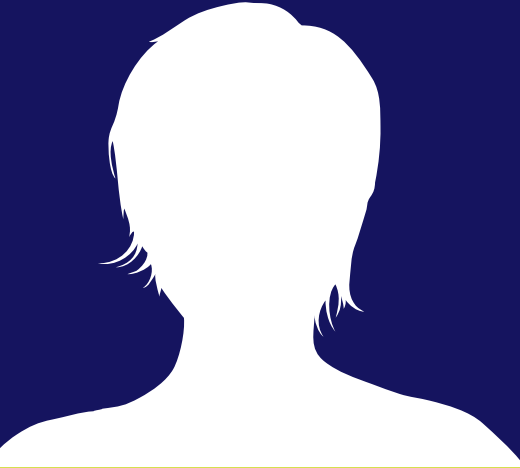


1990 Changed name to Pro-Choice Resources.
Separated from Abortion Rights Council,
which later became Minnesota NARAL.

1992 Established Hodgson Lyon Hanson Valgema (HLHV) Scholarship Fund for
medical students in response to abortion provider shortage.
Dr. Jane Fahrman received the first scholarship.

“Abortion stories are so stigmatized in our society. Yet when Emerge participants come together to share their experiences, each one is met with nods, ‘Yes, that is part of my story too.’ It is immensely normalizing and healing! We are extremely lucky to have an organization like PCR in our community to recognize the gap in after-abortion services for women and empower them to express their stories.”

-Danielle Tencate, MSW Region’s Hospital & PCR Emerge volunteer



Joan Schnabel
 Mary & Robert Schroeder
 Jane M. Skogstrom
 Graham Smith
 Edson & Harriet Spencer
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 Sarah Stoesz
 Catherine Tate
 Shannon Terry & Jim Witt
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 Allison Tourdot
 Twin Cities Area
 Combined Federal
 Campaign
 Maxine Wallin
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 Women’s Medical Center
 of Rhode Island
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 Patina Zink

\$100-\$249
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 Kelly & Demetrio
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 Idith Almog
 Gary Ampulski &
 Bernadette Bisailon
 Jennifer Ampulski
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 Schmidt
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 Bert Anderson
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 Steve Bailey & Jacqueline
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 Lucille Goodwyne
 Ina & Larry Gravitz
 Robert & Ellen Green
 Nathan Grey
 Elaine Grittner
 Rachel Grubb
 William Gustafson
 Hamline University
 Women’s Resource
 Center
 Ruth Hanold

1993 Joined lawsuit challenging the state's ban on paying for abortion through Minnesota's Medical Assistance program. The ban was overturned as a result. Responded to the summer of Operation Rescue with other organizations.

1993 Participated in founding meeting and signed on as a founding member fund of the National Network of Abortion Funds.



John & Joyce Hassell
 Sara Haugo
 Tanya Hebert
 Jeff & Lucy Heegaard
 Gertrude Hill Folliot
 Erik Hinkie & Erica
 Gardner
 Becky Hirdman
 Margaret Houlton
 James & Janelle House
 Dale Howey
 Gaye Huber
 Bruce Jeide
 Marlene & Thomas
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 Elizabeth Lackore
 Helen Lafave
 Susan LaFlash
 Faye LeDoux
 Renay Leone

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 Marisa Reves
 Mary Pat Rice
 Melissa Riethof
 Mollie Jo & Trevor
 Roediger

Receiving the Pro-Choice Resources scholarship as a medical student helped me to solidify my commitment to providing abortion care to the women of Minnesota. Doing this needed work is both personally and professionally challenging but also amazingly rewarding. While teaching the University of Minnesota OB/GYN residents in this setting I am happy to be ensuring that there are plenty of well-trained doctors to care for women in the years to come.

-Mary Mahoney, MD

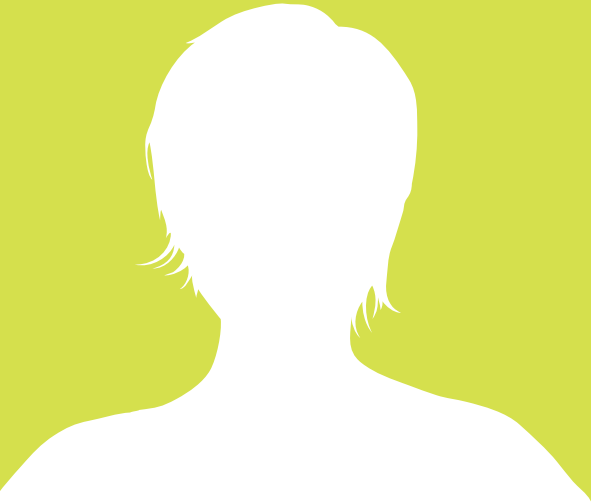


1994 First annual PCR Bowl-a-Thon fundraiser, which has evolved into PCR's most successful event.

2000 Education website www.birdsandbees.org launched.

"PCR knows that choice is about more than the right to abortion. It's about asking, what do women need to have control over their reproductive lives? Their intelligent and dedicated staff, board, and volunteers work hard to answer this question every day."

-Megan Peterson, Director of Advocacy for the National Network of Abortion Funds & former PCR employee



Deborah Roesler & John Kephart
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Amy Woodworth

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Donna McNamara
Jackie Michaud
Carole & James Moore
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Makeda Norris
Terry & Carolyn Payne
Sarah Peters
Elaine Powell
Elise Reed
Jenny & Greg Sautter

2000 The HLHV Scholarship was expanded into the Abortion Provider Expansion Project (APEP), a joint program with NARAL Pro-Choice Minnesota.

2003 Changed Education Program name to the Birds & Bees Project.



Melissa Ugland
Katherine Wiik
Robin Ann Williams
Winnidell Wilson
Eileen Zurek

In-Kind Donations

John Alspach
AmeriPride
Yuri Arjas
Awakenings
Beasley Photography
Bryant Lake Bowl
Pamela Belding
Allen Brewer
Dan Buettner
Mike Carina
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Prairie Bly
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Nikki Brovold
Sacha Bush
Christina Burns
Amanda Carnahan
Jeff Cawhorn
Simon Chabel
Karen Cohen
Alan Davis

"The Birds & Bees Project's Educator's Guide to Reproductive Health is a fantastic resource for educators working with a wide range of young people and is "highly recommended." The work that PCR does to provide free, state-based, youth-centered sexual health information is a great asset to our community."

-Minnesota Sexuality Education
Resource Review Panel



2006 Launched Emerge post-abortion support program in collaboration with Chrysalis.

2007 Revised and distributed 2007 Teacher's Guide.
Birds & Bees website updated.

The best thing about volunteering at PCR is knowing that I 'm helping a very good organization whose cause I support wholeheartedly.

- Carla Meyers, PCR volunteer
for two and a half years



Bette Defiebe
Liz Dertinger
Mandi DeWitte
Andrea Dowd
Catherine Elliott
Carrie Faust
Erika Finne
Suzanne Ford
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Frampton
Jessica Franken
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Rebecca Weisgrau

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Sue Wiseman
Patrick Woods
Sydnee Woods
Uof MN Medical
Students for Choice
Andrea Yoch
Jessica Zaldivar
Katie Zehren
Theresa Thomas
Berit Thorkelson
Julie Toth
Nancy Tronnier
Mary Vaughan
Colleen Vickerman
Laura Walsh

Thank you for your
generous support.



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Board Members Emeriti

Kathryn Glessing, Carol Hayden, Jenny Oliphant



PCR Staff

Sasha Aramalay - Health Educator

Stacey Burns - APEP Coordinator (shared with NARAL Pro-Choice Minnesota Foundation)

Kristen Denzer - Communications & Development Director

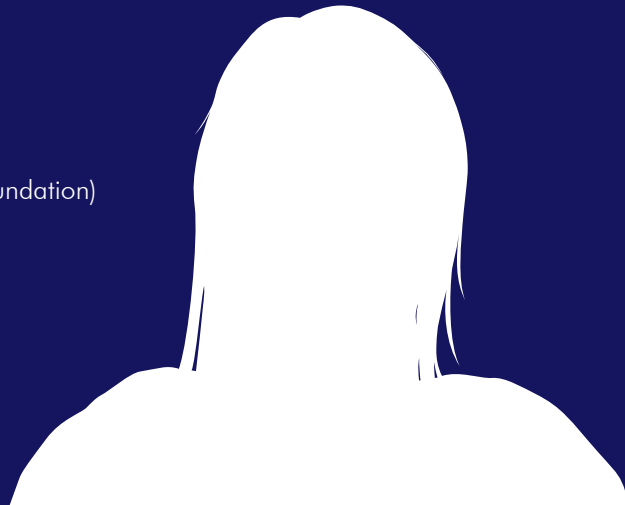
Nikki Madsen - Associate Director

Amy Marsicano - Director of Health Education

Elsa Paris - Health Educator

Jane M. Skogstrom - Interim Executive Director

Melissa Winship - Office & Hersey Fund Manager



2006-2007 Interns

Sarah Abraham, Elise Belusa, Camille Cyprian, Meghan Felice, Emily Gerteis, Sarah Gold, Caitlin Haugan, Sarah Henely, Nicole Kaplan, Alea Lester, Abby McMillan, Laura Presnail, Sarah Robison



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