

WHERE CAN I GET THESE PILLS?

THE BIRTH CONTROL PILL

You can get a prescription from your clinic or visit PlannedParenthood.org to find out where to get birth control in your neighborhood.

Learn More At:

- ~ www.plannedparenthood.org
- ~ www.familytreeclinic.org
- ~ www.annexteenclinic.org

You can get free birth control info sessions at: <http://annexteenclinic.org/get-info/events-trainings/> or call 763-533-1316 for further information regarding to your needs.

EMERGENCY CONTRACEPTION (EC)

EC is now available for purchase on store shelves without age or point-of-sale restrictions at many pharmacies.

Learn More At:

- www.backupyourbirthcontrol.org
- www.not-2-late.com

or Visit:

- planbonestep.com to locate which stores in your area carry EC.

THE ABORTION PILL (RU486)

The abortion pill is only available at a clinic that provide abortion services. Visit abortioncarenetwork.org or call: 202-419-1444 for:

- A referral to a local abortion provider
- Answers to your abortion questions
- Information on current abortion laws

For more information, answers to common questions, and a list of Abortion providers in your area please visit:

- ~ <http://prochoice.org/think-youre-pregnant-find-a-provider/>
- ~ <http://www.abortioncarenetwork.org/considering-abortion>
- ~ <http://prochoice.org/think-youre-pregnant/im-pregnant-what-are-my-options/abortion/>

THIS INFORMATION HAS BEEN BROUGHT TO YOU BY

Pro-ChoiceResources

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WHAT EVERYONE SHOULD KNOW ABOUT THREE LITTLE PILLS!

THE BIRTH CONTROL PILL

Prevents Pregnancy

- The pill, when taken properly, is up to 99% effective in preventing pregnancy.
- You have to get a prescription from a doctor.

The pill has been around for over 50 years and is used by millions of women worldwide. It is the 2nd most common form of birth control in America, after condoms.

The pill stops the ovary from releasing an egg so fertilization cannot occur.

The pill should be taken at the same time every day. **Taking the pill at varying times or forgetting a pill decreases its effectiveness.**

If you do forget, take your missed pill as soon as you remember. **If you miss two or more pills, you must use a back-up method of birth control, like condoms, for 7 days.** Emergency Contraception can also be used if necessary.

EMERGENCY CONTRACEPTION (EC)

Prevents pregnancy but **will not** harm an existing pregnancy.

- If taken up to 72 hours after unprotected sex, EC can be up to 89% effective in preventing pregnancy.
- The sooner you take EC, the better it works.
- Regardless of age, EC is now available over-the-counter (without a prescription) at many pharmacies.

EC can be used as back-up in case no birth control was used, the condom broke, or if you were sexually assaulted.

- EC pills are a higher dose of the same hormones contained in the birth control pill.
- EC prevents an egg from being released from the ovary, and makes cervical mucus thicker so sperm can't get through.
- EC should NOT be used as a regular form of birth control.

THE ABORTION PILL

Ends a pregnancy by making the body shed the pregnancy tissue.

- 95% effective in terminating a pregnancy.
- Available only at an abortion clinic. "The Abortion Pill" has been available in the U.S. since September of 2000. The abortion pill is considered very safe and is the most common method of abortion in Europe.

The Abortion Pill can end a pregnancy if taken within 9 weeks of your last period.

This method of abortion is a three-step process:

1. Clinic visit — After an exam, people who qualify can take the abortion pill.
2. A day later, another pill is either swallowed or inserted vaginally to complete the abortion.
3. Several days later, a second clinic exam is administered to make sure the abortion is complete.